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Gun Range



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**OCTOBER  
2021**

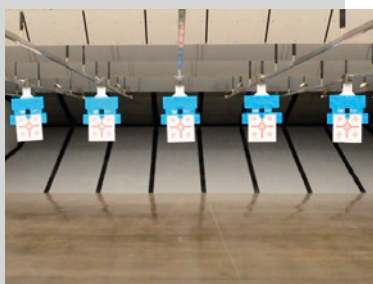


# FERRY BROOK RANGE

CHESHIRE COUNTY SHOOTING SPORTS EDUCATION FOUNDATION

## MONTHLY NEWSLETTER

### Securing the Future



To make a donation,  
checks may be sent  
payable to CCSSEF's  
*Indoor Range Fund*  
or go to **CCSSEF.org**

### OPEN HOUSE

**Saturday, October 9  
9:00 am– 1:00 pm**

#### **Free to the public!**

Activities for all ages and  
lunch (small fee applies)

Tours, local vendors,  
adult and youth raffles  
Observe some friendly  
Action Pistol Competition!

Please come and see  
our progress on the  
new Indoor Range!

### How Might the Indoor Range Change Your Life?

Let me think, how will it change my shooting habits?

In the winter, my old hands cannot handle the cold very well. This has limited my winter shooting considerably.

While a native of Keene, I spent over forty years in and around New York City. It seemed odd to me, after my return home to Keene and after joining the CCSSEF so I would have a place to train, that in the winter months it had been easier to shoot in Manhattan.

Imagine eight million people and only one indoor range, The West Side Rifle and Pistol Range! The draconian gun laws in the city, kept the place from being overwhelmed. Many hours were spent sending rounds down range at this neat place just off sixth avenue on twentieth street.

Ask me sometime how I got my guns to the range. Hint, I took the subway.

Soon at CCSSEF we will all have the same advantages presented to us. In winter it's easy to imagine how useful this facility will be, but also in inclement weather or just to take advantage of electronically powered target holders. How about taking a class in this environment? What kind of events can you imagine? Date nights? Competitive events?

If you think of some particularly creative uses for the Indoor Range, let me or Larry Parker, Sr know so we can get to work on making them a reality.

And then there are my workdays... just walk down the stairs and into the range!

I am excited and I hope you are. Soon we will be getting information out about how to get yourself set up as a shooter at the Ferry Brook Indoor Range.

*Peter Crowell,*  
General Manager

# MONTHLY NEWSLETTER



Headquartered in Las Vegas, Nevada, Safe Life Defense is an industry-leading safety company that provides cutting-edge protection technology to career professionals and law-abiding civilians. They offer tactical gear and revolutionary National Institute of Justice (NIJ) Certified Body Armor that has been rated #1 in comfort and protection. It's the only handgun, shotgun, strike, slash, stab, taser and special threat armor on the market — and the preferred choice for those on the front lines!

The views expressed here are those of the authors and do not necessarily reflect the official policy or position of CCSSEF. Any content provided by our authors is of their opinion and not intended to malign any religion, ethnic group, club, organization, company, individual, or anyone or anything.

## Body Armor Basics: What Level of Protection Is Best for You?

The best level of body armor for you depends on your personal needs and wants. First, ask yourself, "Do I need protection against handguns, shotguns, rifles or all three?" Then ask yourself, "Do I also need to be protected from bladed weapons, Tasers, blunt-force trauma or all three?" Lastly, evaluate your expectations for this life-saving piece of equipment. Remember, there is often a direct trade-off between protection, comfort and concealability. Generally, the higher the protection level, the heavier and less concealable the armor (but that's not always the case with products like FRAS<sup>TM</sup>). **The best armor for you is the armor you'll actually wear.** With that in mind, it is highly beneficial to select the lightest option that will protect you from the threats you are most likely to encounter. Let's break down the protection levels below:

- **NIJ Level II:** Level II armor will stop most common handgun rounds including 45 ACP, 9mm, .40 S&W and .357. The National Institute of Justice specifies that level II armor must stop 9mm fmj bullets with a mass of 124 grains and a velocity of 1,305 ft/s as well as .357 Magnum jsp with a mass of 158 grains and a velocity of 1,430 ft/s.
- **NIJ Level IIIA:** Level IIIA armor reliably defends against all common handgun rounds including .357, 9mm, 45 ACP, all the way up to .44 Magnum. Level IIIA protects the wearer from shotgun rounds including 00 buckshot, 12 ga. slugs and even submachine gun rounds. In conjunction with our level IV rifle plate, our armor protects against rifle threats all the way up to .30-06.
- **Enhanced Multi-Threat Level IIIA+:** Level IIIA+ armor is an innovative protection category that is offered exclusively through Safe Life Defense. This enhanced soft armor not only protects against the same threats as our traditional IIIA but also includes NIJ Level 1 spike protection for up to 36 Jules of stab force and protection against armor-piercing handgun ammunition such as Liberty Civil Defense 9mm and FN 5.7x28 40 gr. The unique bullet, strike, slash, stab, Taser and special threat resistance found in Safe Life Defense IIIA+ armor make it the world's most powerful soft body armor!

Our IIIA+ model has the largest number of reported saved lives due to its strike resistance (an often undervalued feature) that has kept people alive after being hit by motor vehicles, falling from a significant height and taking on blows from a blunt weapon. The second-largest number of saves comes from stabbings. Most reports end up saying, "My doctor said without this vest there's no chance I would be alive today."

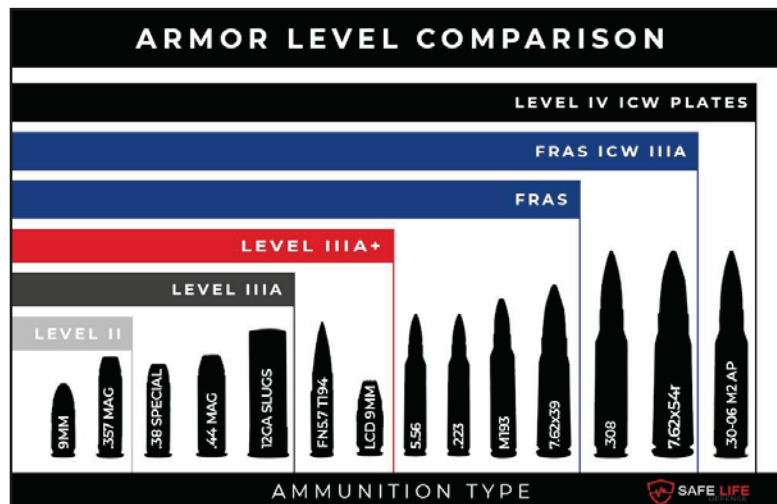
- **FRAS<sup>TM</sup> Standalone and ICW:** FRAS<sup>TM</sup> is a new level of flexible rifle body armor we developed to bridge the gap between level III and level IIIA. FRAS<sup>TM</sup> is rated to defend against the most common rifle threats someone may encounter on duty, including 5.56, ss109 and m193 as well as 7.62x39—predominantly AR-15 and AK-47 rounds. Safe Life Defense FRAS<sup>TM</sup> provides full torso coverage from rifle threats with a phenomenal balance of protection, weight and coverage. When worn in conjunction with a level IIIA vest, our FRAS<sup>TM</sup> is rated III+ for rifle protection up to .308 and 7.62x54R!

- **NIJ Level III:** Level III armor is a hard armor rated for rifle protection. Level III armor is rated to withstand 7.62 mm FMJ (US military M80) rounds with a mass of 147 grains and a velocity of 2780 ft/s. Yes, level III will defeat an AK-47 round.
- **NIJ Level IV:** Level IV armor is the highest rating of body armor currently available, and it will stop armor-piercing rifle threats. It can withstand up to 30-06 M2ap steel core armor-piercing rounds with a mass of 166 grains and a velocity of 2880 ft/s. Many people choose to have a Level IIIA vest accompanied by in conjunction with (ICW) rifle plates to achieve a higher level of protection. Safe Life Defense offers lightweight level IV ICW rifle plates that are designed to slide into low-profile pockets on our level IIIA vests. This allows you to adapt your armor to a variety of threat levels without making it too cumbersome for daily use.

## Taking the Leap

If you are like most of us and need protection from handguns as well as shotguns you'll want to select body armor like the Safe Life Defense Multi-Threat Vest. It comes in level IIIA (which is great for threats all the way up to 12 gauge slugs!) Nowadays, most people are deciding to go with one of our most popular options, the IIIA+, because it offers a great deal of protection while still being lightweight and easily concealable. Safe Life Defense Multi-Threat Vests are also strike and slash-resistant! Protection from bullets, bats, and blades? We've got you covered.

If you anticipate you'll need to face a rifle-related threat, then you'll want to get some heavy-duty gear. For this type of protection, you can select one of two types of armor: (1) Hard body armor, which is rated NIJ III and IV. This type of armor will be much heavier and less concealable than the majority of soft armor, but the tradeoff is a much higher level of protection. Or (2) Safe Life Defense's Revolutionary standalone or ICW FRAS™ body armor, the most versatile, comfortable and protective option. Our Multi-Threat Armor System will also work with removable rifle plates that can be used with a level IIIA vest for adjustable levels of protection (IIIA to IV). You'll have all the benefits of Level IV armor without sacrificing wearability! Visit [SafeLifeDefense.com](http://SafeLifeDefense.com) today to learn more.



## DID YOU KNOW?

Numerous training opportunities exist at Ferry Brook Range—from beginners who have never handled a firearm to veteran shooters. Members of all abilities are welcome to pursue new shooting disciplines and further their education.

**Visit our website for more information!**

"A man's rights rest in three boxes. The ballot-box, the jury-box, and the cartridge-box."

-Frederick Douglass

# MONTHLY NEWSLETTER



## Winter Adult Smallbore 4-Position Cheshire- Windham Rifle League

For the 2022 season, we have a couple of target rifles with scopes available to members. We will be using the new Indoor Range at CCSSEF.

Contact Larry Parker Sr. or Neil Jeneral for details about smallbore rifle shooting.

IRM@ccssef.org or  
600yard@ccfandg.org

## Keith's Pro-Tip of the Month: "Do I NEED Training?"

Some time ago, a Facebook connection emailed me regarding an upcoming handgun training I was conducting.

Without directly quoting the email, here are the generalized 'points' of the email and then the question:

1. I've been a hunter for years.
2. I've been carrying a self-defense firearm for years.
3. Do you honestly feel as though I need training?

First off, I respect the email, the questions, and the person who posed them. It demonstrates the writer's genuine desire to self-assess; seeking input and an honest answer from a person whom the writer respects.

When it comes to their tactical and technical proficiencies, I prefer to let my students self-assess. Here's what I mean.

When a student asks me, "Do you think I need training," I tend to respond with, "Well, What do you think? Do YOU think you need training?" I want to train that student (before they ever touch a firearm) how to self-assess. I want them to look at what they're doing (or what they want to do) with that firearm. Are they taking a target, sport, recreational, hunting approach to shooting? Are they looking to 'everyday carry?' Or, are they looking for simple in-the-home defense options?

Typically, I will run a student through a fairly straightforward twelve-string, sixty-five round course of fire that is specifically designed to test the individual's proficiencies with, among other things, single-handed shooting, support hand shooting, reloading skills, stoppage diagnostics, and clearance skills. Each string is timed; there is a minimum par time and is scored. Drills of this type permit me to gain an extremely comprehensive understanding of the individual's handling skills and levels of proficiency. More importantly, it permits the individual to immediately see where they "stack up." And most importantly, it allows me to gauge the student's level of safety, in both mindset and application. Even further, it serves as an outstanding gauge of progress for students. They see their hit ratios increasing and their par times steadily drop.

So, you ask me, "Do I NEED training?"

My answer? Let's hit the range, I'll run you through a few drills and you tell me. Are you where you want to be? Are you where you NEED to be?

©2021 Keith Hanson

Keith Hanson is a multi-credentialed law enforcement small arms and tactics trainer in the fields of advanced firearms, tactical counterterrorism, active shooter response, and tactical emergency medicine/SWAT Medic. He currently serves as the Director of Training for Critical Dynamics, Inc. You can reach Keith via email at [pafipa@gmail.com](mailto:pafipa@gmail.com).



## CCSSE Foundation Ferry Brook Jr Shooters Rifle Team

New Member SIGN-UP for our 2021-2022 season was on Saturday, September 11th. We had 12 new participants sign up, and a few more indicated interest. With 12 returning shooters, our roster is at 24 active athletes. In addition to our Saturday morning sessions, our weekly practices on Wednesday evenings from 4-7 pm on the 22 Rifle Range have resumed for our Gold & Silver (travel) Team.

On September 19th, eleven representatives from the Foundation, both adults and juniors, traveled up to Holderness NH to the Pemigewasset Fish & Game Club to participate in the **Plymouth International Prone Postal Match**. There were a total of 24 representatives for the New Hampshire 'Plymouth'. The folks in the UK also fired their targets on the 19th. We haven't seen all individual scores, but we have seen Team results and know that the NH Teams of 6 and 10 shooters were in 1st place in both categories. We had two of our folks on the Team of six and four of us on the Team of ten. Larry Parker was 1st (593-37x), Tobin Sanctuary was 2nd (591-32x), Anna Bittner was 7th (568-18x), and Shaylin Cullis was 9th (562-18x). We had another 4 in the 2nd Team of 10; Shea Wilkins Fleck 11th, Mason May 15th, Larry Racine 18th, and Jared Woods 20th. We hope to have results with all of the individuals from both sides of the 'pond'.

With our new Indoor Range, I expect that we will hold at least one NRA Sectional Match in 2022. We hope results will be out later this year for the three 2021 Junior Sectional Matches we competed in, although the NRA has had difficulty with a limited staff even getting out scores for 2020. In addition to the Sectional Match, we plan to hold the NH Junior Invitational Match in November, an Indoor Prone Match in December, and a CMP 3 Position Air Rifle NH State Championship in January. Our Juniors will also participate in CMP Postal Matches.



From left to right: Anna Bittner, Shea Wilkins-Fleck, Larry Racine, Shaylin Cullis, Mason May, Larry Parker, Andrew Hodgkins, Tobin Sanctuary, Isaac Hobbs, Tyanna Hodgdon and Jared Woods.

We appreciate the support of all our sponsors. PLEASE SUPPORT our local businesses that generously donate to our youth program. These donations help us send our shooters to Regional/National Championships and Camps.

Please consider donating to the Junior Rifle Team! With travel, equipment, awards, range & entry fees and ammunition, our annual budget is over \$10,000.

Winchester Rifle Range will have weekly open hours again in January (through April)

A Range Safety Officer will be at the ELMM Community Center Rifle Range on Wednesday evenings for open .22 Rifle and Pistol shooting. Bring your .22 firearms, ammunition, and some targets.

# SPONSOR MARKETPLACE



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# MONTHLY NEWSLETTER



## Action Pistol Practice:

Every Wednesday at  
3:00 pm – 7:00 pm  
through the month of  
October

## Action Pistol Match:

October 9  
8:00 am – 5pm

## So, what is Action Pistol?

Action Pistol is designed to introduce you to the world of shooting sports. We provide a non-competitive atmosphere, where experienced shooters share tips and training techniques while you proceed to learn at your own pace.

Once a month, typically the second Saturday of the month, we have an Action Pistol match. We try to set up six stages with a round count of 100 or so.

Action Pistol is a very popular and fun handgun activity. Instead of standing in front of a stationary target, you will be firing at targets that may be moving! Or perhaps you may be moving. Sometimes, the targets may appear, then disappear behind a barrel. Or a non-threat may suddenly appear. Hitting one target may start a chain reaction of targets appearing then disappearing. Targets may be hidden in such a way that as you move through the stage, they must be engaged when you see them. Some of the targets may charge at you, while others may retreat.

Some stages are designed to mimic real-world scenarios. For example—you hear a noise in your home, and on the way through the rooms to protect your family, you confront some intruders. You may be required to carry Fluffy, our stuffed mascot while shooting with your strong hand only. Why? Well, you may have to defend yourself because your shoulder was injured, or you may have to carry someone or something to safety.

Other stages are more whimsical, designed to be fun while still testing your gun handling skills. Zombies and Vampires may appear. Space Aliens and Killer Pumpkins may also show up.

Still, other stages are skill tests. There may be a certain number of targets, and you are allowed a certain number of rounds. Here, accuracy and reloading skills become paramount.

Sometimes, a stage may require you to use a second firearm. A shotgun or .22 caliber rifle may be placed for you to use as part of a stage.

Shooting through a window or even shooting while sitting in a car are possible scenarios. Yes—sitting in a car! The waitstaff at the local burger stand may not be who they appear to be.

A match will almost always include:

- An official Steel Challenge stage with five plates.
- Some other element(s) to gauge your speed and accuracy.

From time to time, a USPSA type stage will be included. Unlike IDPA, these stages feature a higher round count without the ammunition restriction of IDPA rules.

Should you want to use your pistol caliber carbine in a match—no problem! You will have the opportunity to use both your pistol and PCC if you want to.

While Action Pistol can be competitive, it is really about you competing against yourself and the clock. Here is the chance for you to hone your skills and learn at your own pace.

We usually set up a small stage designed to highlight specific skills for our **Wednesday afternoon practice sessions**. Here, you can practice by running the stage many times to see where you need improvement. Practice sessions also give our new shooters a small taste of an actual match.

We may also set up some drills designed to improve your draw and fire speeds or magazine changes. Participants will practice strong or support hand shooting as well.

**Safety is stressed.** You will learn range commands, and gun handling safety will soon become second nature. The program is run as a cold range—meaning only the shooter at the line is allowed to load their firearm. When done, they are led through the unloading procedure and checked by the safety officer.

You will be told when to load, shoot, and unload when multiple shooters are on the line—all under supervision.

From new shooters to the most experienced shooter, we all follow these rules.

**So why participate?** If you are interested in IDPA but know nothing about it, here is your chance to learn. After a short time, you will be familiar with how an IDPA match is run, and you will be fully prepared to participate in any match.

If that is not a goal of yours—no problem! You will at least get to practice with what you carry and learn some useful pistol handling skills.

**What we are not is a defensive pistol class.** Those skills are best learned by taking dedicated courses.

So, please stop by and at least watch. You are more than welcome! If you choose to participate, equipment requirements are modest—you will need a decent holster, IWB, OWB, and .380 or bigger ammo. Shoulder holsters and small-of-the-back holsters are not allowed. You will need a magazine pouch capable of holding at least two magazines. And—of course—eye and ear protection.

More information can be found on the CCSSEF website or consult the calendar.

## **Beginner/New Owner Pistol Clinics and Skill Building Clinics:**

### **Sundays**

October 3, 17, 31

1:30 pm – 4:30 pm

### **Mondays**

October 11 9-12 a.m.

October 25 3-5 p.m.

(Classroom Only)

## **Pre-Registration Required**

### **Please contact:**

**Jenifer Marchesi**

**[jtmarchesi@gmail.com](mailto:jtmarchesi@gmail.com)**

**508-259-6735**

We have Limited Class Size to provide 1:1 coaching for Beginners/ New Firearm Owners.

All attendees will begin with classroom instruction before going to the range. The initial clinic is for .22 caliber only\*.

### **Cost: \*\***

**\$40 per session**

**CCSSEF Members**

**\$50 per session**

**Non-Members**

### **\*Beginner Class Includes:**

Targets, hearing protection, use of eye protection, .22 semi-automatic pistols, 50-round box of .22 ammunition, and additional ammo for sale at cost.

**\*\* All proceeds benefit CCSSEF and offset materials cost**





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Gun Range



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**OCTOBER  
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# FERRY BROOK RANGE

CHESHIRE COUNTY SHOOTING SPORTS EDUCATION FOUNDATION

## MONTHLY CALENDAR

**Oct 2** Saturday  
**Oct 2-3** Sat/Sun  
**Oct 3** Sunday  
**Oct 3** Sunday  
**Oct 9** Saturday  
**Oct 9** Saturday  
**Oct 9-10** Sat/Sun  
**Oct 9-10** Sat/Sun  
**Oct 16** Saturday  
**Oct 16** Saturday  
**Oct 16** Saturday  
**Oct 17** Sunday

Every Tuesday:  
Every Wednesday:

Every Thursday:  
Every Saturday:  
Every Saturday:  
Sundays & Mondays:

### SPECIAL EVENTS & COURSES

Functional Carbine Application. Contact [gm@ccssef.org](mailto:gm@ccssef.org), (603) 352-8563  
Traditional Hunter/Bowhunter Education Course. Contact [gm@ccssef.org](mailto:gm@ccssef.org), (603) 352-8563  
600 Yard Mid-Range Prone Match, NRA Approved. Contact [gm@ccssef.org](mailto:gm@ccssef.org), (603) 352-8563  
3-Hour Skill Builder Intensive Clinic. Contact Keith Hanson: 1-877-486-8724  
**OPEN HOUSE Event**—Open to the public! 9:00 am – 1:00 pm. Info in the newsletter.  
Action Pistol Match. Contact Walt Lewandowski, [pistol@ccfandg.org](mailto:pistol@ccfandg.org)  
Traditional Hunter/Bowhunter Education Course. Contact [gm@ccssef.org](mailto:gm@ccssef.org), (603) 352-8563  
Shamrock Defense Course. [www.shamrockpersonaldefense.com](http://www.shamrockpersonaldefense.com)  
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Running Deer Shoot. Contact [gm@ccssef.org](mailto:gm@ccssef.org), (603) 352-8563  
600 yard Halloween shoot. Contact Peter De Santis, [americandesignhomes@gmail.com](mailto:americandesignhomes@gmail.com)

### REOCCURRING EVENTS – OPEN TO THE PUBLIC

Northbranch Bowman Open Archery—<https://www.facebook.com/nhbowmen.nhbowmen/>  
Open Trap starts at Noon (fee applies)  
Action Pistol—3:00 pm to 7:00 pm (fee applies)  
600 Yard Practice—9:00 am to 12:00 pm, 4:00 pm until dusk (fee applies)  
5 Stand Sporting Clays & Open Trap—Starts at 10:00 am (fee applies)  
Apply for a range Membership! 10:00 am–1:00 pm  
Beginner / New Owner Pistol Clinics & Skill Building Clinics. Info in the newsletter.



Check out our  
online calendar for  
latest updates!

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

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